

Project Linus

North & Central Chicagoland, IL Chapter

Knitted Heart Block

Materials:

- Approximately 80 yards of Worsted Weight yarn (45 grams/1.7 ounces)
- Size 10 Knitting needle (or size to meet gauge)
- Measuring tape/ruler
- Yarn needle

Gauge: 15 stitches/21 rows = 4 inches in stockinette stitch (gauge is very important for making this square 12x12 inches)



Pattern:

Cast on 45 stitches.

Rows 1-6: Knit each stitch

Row 7: Knit (Right side)

Row 8: Knit 4, Purl 37, Knit 4 (Wrong side)

ALL ODD NUMBER ROWS (RIGHT SIDE) WILL BE KNIT THROUGHOUT THE PATTERN!

Row 10: Knit 4, Purl 17, Knit 3, Purl 17, Knit 4

Row 12: Knit 4, Purl 16, Knit 5, Purl 16, Knit 4

Row 14: Knit 4, Purl 15, Knit 7, Purl 15, Knit 4

Row 16: Knit 4, Purl 14, Knit 9, Purl 14, Knit 4

Row 18: Knit 4, Purl 13, Knit 11, Purl 13, Knit 4

Row 20: Knit 4, Purl 12, Knit 13, Purl 12, Knit 4

Row 22: Knit 4, Purl 11, Knit 15, Purl 11, Knit 4

Row 24: Knit 4, Purl 10, Knit 17, Purl 10, Knit 4

Row 26: Knit 4, Purl 9, Knit 19, Purl 9, Knit 4

Row 28: Knit 4, Purl 8, Knit 21, Purl 8, Knit 4

Row 30: Knit 4, Purl 7, Knit 23, Purl 7, Knit 4

Row 32: Knit 4, Purl 6, Knit 25, Purl 6, Knit 4

Row 34: Knit 4, Purl 5, Knit 27, Purl 5, Knit 4

Row 36: Knit 4, Purl 4, Knit 29, Purl 4, Knit 4

Row 38: Knit 4, Purl 4, Knit 29, Purl 4, Knit 4

Row 40: Knit 4, Purl 4, Knit 29, Purl 4, Knit 4

Row 42: Knit 4, Purl 4, Knit 29, Purl 4, Knit 4

Row 44: Knit 4, Purl 4, Knit 29, Purl 4, Knit 4

Row 46: Knit 4, Purl 4, Knit 14, Purl 1, Knit 14, Purl 4, Knit 4

Row 48: Knit 4, Purl 4, Knit 13, Purl 3, Knit 13, Purl 4, Knit 4

Row 50: Knit 4, Purl 5, Knit 11, Purl 5, Knit 11, Purl 5, Knit 4

Row 52: Knit 4, Purl 6, Knit 9, Purl 7, Knit 9, Purl 6, Knit 4

Row 54: Knit 4, Purl 7, Knit 7, Purl 9, Knit 7, Purl 7, Knit 4

Row 56: Knit 4, Purl 9, Knit 3, Purl 13, Knit 3, Purl 9, Knit 4

Row 58: Knit 4, Purl 37, Knit 4

Rows 59 - 64: Knit all stitches

Bind off. Weave in ends. Block to 12x12 inches if needed.

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